

Drew Nesbitt BA, TCMP, Ac., ROHP
www.DrewNesbitt.ca
Toronto, ON

Objective: To combine the wisdom of Traditional Chinese Medicine with modern nutrition principles for a truly unique approach to health and wellness providing clients with safe and natural treatment for a variety of health conditions.

Education

Diploma in Natural Nutrition Canadian School of Natural Nutrition (CSNN), Toronto, ON	2006-2008
Doctoral Diploma, Traditional Chinese Medicine Toronto School of Traditional Chinese Medicine (TSTCM), Toronto, ON	1999-2002
Bachelor of Arts, Honours, Health Studies Brock University, St. Catharines, ON	1994-1999

Relevant Experience

Teaching Assistant Canadian College of Naturopathic Medicine, Toronto, ON Teaching all levels of TCM and acupuncture including 1 st , 2 nd and 3 rd year students	2007-present
Practitioner of TCM and Acupuncture Balance Integrated Healthcare, Toronto, ON Acupuncture, Chinese Herbal Medicine, Tuina Massage Specializing in women's health issues (menstrual health, infertility and menopause).	2003-present
Research Assistant Mount Sinai Hospital, Toronto, ON Actively involved in acupuncture research with the Physiotherapy department performing acupuncture on study subjects.	2006-2007
Assistant Teacher Relax to the Max, Toronto, ON Hands on assistance with chair massage instruction and classroom management.	2003-2004
Clinic Coordinator and Recruiter Toronto School of Traditional Chinese Medicine, Toronto, ON Performed administrative clinical duties such as assigning students with clients as well as marketing and PR duties including potential student recruitment.	2001-2002

Additional Training

Setting the Educational Environment: CCNM Workshop for Teaching Assistants 2009
Canadian College of Naturopathic Medicine, Toronto, ON

This workshop was provided to Teaching Assistants (TA's) at the Canadian School of Naturopathic Medicine and was an informative seminar on feedback. Exploring the role of effective feedback, describing the elements of effective feedback and how it can be used to create inspired students were integral parts of this workshop.

Overcoming Infertility Naturally: Canadian School of Natural Nutrition (certificate) 2009

This course, offered to Registered Orthomolecular Health Practitioners through the Canadian School of Natural Nutrition, focused on using diet and supplements to increase fertility for both males and females.

Nutrition for Docs: Part I and II at the University of Toronto 2009

An incredible 4 day conference sponsored by the Ontario Society of Physicians for Complementary Medicine (OSPCM) looking at using nutritional supplements in clinical practice. Keynote speakers included Dr. Aileen Burford-Mason, Dr. Reinhold Vieth and Dr. Linda Rapson.

Acupuncture in Pregnancy and Childbirth with Deborah Betts 14 hours 2008

A two day workshop covering obstetric acupuncture treatment in clinical practice with Deborah Betts, author of The Essential Guide to Acupuncture in Pregnancy and Childbirth.

TCM Approach to Poor Ovarian Reserve with Brandon Horn & Wendy Yu 14 hours 2008

This two day seminar covered the causes and treatment strategies for improving poor ovarian reserve. Both Brandon and Wendy are highly published and are at the forefront of all research in the field of TCM and fertility.

Treatment of Infertility with Chinese Medicine with Jane Lyttleton 12 hours 2007

Jane Lyttleton is a world renowned author and expert in the field of Chinese medicine and infertility. Training with Jane is a must if you want to successfully treat infertility of all types.

National Acupuncture Detoxification Association 70 hours 2007

NADA training completed at St. Joseph's Health Centre in Toronto. NADA uses five auricular acupuncture points to facilitate addiction treatment and withdrawal management.

Acupuncture Physiatics 46 hours 2005

Employing traditional Chinese acupuncture along with the use of trigger points, myofascial patterns and muscular innervations for the relief of musculo-skeletal pain as well as other common complaints.

Clean Needle Technique (CNT) 2002

Exam from the National Acupuncture Foundation in the US which outlines specific protocols to ensure a clean acupuncture treatment.

Associations

- Canadian Society of Chinese Medicine and Acupuncture - member (CSCMA #1427) since 2003
- International Organization for Nutritional Consultants (IONC) since 2008
- Canadian School of Natural Nutrition (CSNN) Alumni since 2008
- National Acu-Detox Association (NADA) since 2008
- The Arthritis Society- member since 2005
- Arthritis Health Professionals Association- affiliate member (AHPA) since 2005
- Canada Arthritis Patient Alliance- member (CAPA) since 2005
- Canadian Interdisciplinary Network for Complementary and Alternative Medicine
- Research - member (IN-CAM) since 2006

Achievements

- Published on Acupuncture.com's "Ask the Doctor" edition, 2004; "Your Health Source" magazine, May 2007; "Our Neighbourhood Magazine" April 2008, June 2008
- Interviews with the Women's Network© and Out TV
- Performed a variety of seminars and presentations on a wide array of health topics at prominent retirement homes, businesses, hospitals and events in the Toronto area on the benefits of TCM and Acupuncture
- Received Presidents award for achieving an outstanding academic average while being a varsity athlete during University (1998)